EMF Compliance Records for Transmitters used by M7CBR

REQUIRED AS PART OF THE RADIOCOMMUNICATIONS LICENSE ISSUED TO AMATUER RADIO OPERATORS

CAMERON BOYER

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Introduction

Electromagnetic Fields, referred to as EMF, are a naturally occurring phenomena that is generated as a result of the operation of radiocommunication equipment. Though normally safe, exposure to very high levels of EMF can be dangerous to health. In March 2021, Ofcom announced that all license holders of a radiocommunications license would need to hold records of EMF compliance in relation to the operation of radiocommunication equipment near members of public. These records are to prove that a license holder is not subjecting any members of the public to dangerous levels of EMF.

Ofcom has decided that EMF exposure level limits to be used are those set by International Commission for Non-Ionizing Radiation Protection (ICNIRP) on advice of Public Health England.

If certain conditions are met, then a radiocommunications license holder does not need to hold records of EMF compliance, however it has been identified that the station of M7CBR does need to keep a record of EMF compliance due to the equipment used.

An EMF Compliance record (such as this document) can contain information provided by the radio manufacturer in relation to EMF, calculations from Ofcom's EMF Calculator and controls that are used to minimise the risk of EMF on members of the public.

Full information regarding EMF, and Ofcom's Guidance on EMF Compliance and Enforcement can be found on the Ofcom website at https://www.ofcom.org.uk/manage-your-licence/emf/

Calculations provided in this document have been found using the Ofcom EMF calculator V0.1.2

The last revision of this document was prepared on 31/05/2021

License Details

Licensee Name	Cameron Wycliffe Boyer
Station Address	[REDACTED FOR WEB PUBLICATION]
	Locator: IO83tr
License class	Amateur Radio Foundation License
Callsign	M7CBR
License Number	[REDACTED FOR WEB PUBLICATION]

Document Revisions

25/05/2021 – Initial document 31/05/2021 – Added UV-3R



Radiocommunications Equipment (Transmitters)

Handheld Radio Transmitters

Baofeng UV-5RE

Serial Number: 1030415846

RF (TX) Specifications

Maximum Output Power	4W
Modulation Modes	16KφF3E 11KφF3E

Ofcom EMF Calculator Results

Band	Separation Distance (m)
VHF (145.5 MHz)	0.82
UHF (433.5 MHz)	0.79

VHF:

	•			s per reference levels in the 1998 ICNIRP Guidelines for general
public exposure to E	MF tro	m 10 M	Hz to	300 GHz (Version 0.1.2)
Input parameters				
Transmitter power (EIRP)	=	6.56	Watts	← Enter EIRP (Watts) in cell D5. EIRP (Watts) = ERP (Watts) x 1.64
Operating frequency	=	145.5	MHz	← Enter frequency (MHz) in cell D6. Valid frequency range is from 10 MHz to 300,000 MHz.
Reference levels from ICNIR	P 1998 Gu	idelines		
Reactive near-field zone	=	0.33	m	Intermediate parameter used in calculation. For information only
Referencel level for power d	len =	2	W/m^2	Intermediate parameter used in calculation. For information only
Calculated result				
Separation distance R	=	0.82	m	→ The value of R outside the boundary of the reactive near-field zone will be displayed in cell D14 given valid input paramete

Calculation of the con	nlia	nce dista	nce a	s ner re	ference le	vels in the	1998	ICNIRP Guid	elines fo	r genei	al.			
public exposure to EN	•						1330	icitiiti Guid	ciiiics ic	n gener	ui			
Input parameters														
Transmitter power (EIRP)	=	6.56	Watts	← Enter I	EIRP (Watts) ir	cell D5. EIRP (Watts) = E	RP (Watts) x 1.64						
Operating frequency	=	433.5	MHz	← Enter f	requency (Mi	اد) in cell D6. ۱	/alid frequ	ency range is fro	m 10 MHz to	300,000 N	ИHz.			
Reference levels from ICNIRP 1	.998 G	iuidelines												
Reactive near-field zone	=	0.11	m	Intermed	liate paramete	er used in calcu	ulation. Fo	r information onl	У					
Referencel level for power der	1:=	2.1675	W/m^2	Intermed	liate paramete	er used in calcu	ulation. Fo	r information onl	У					
Calculated result														
Separation distance R	=	0.79	m	→ The va	lue of R outsi	de the bounda	ry of the r	eactive near-field	zone will b	e displaye	ed in cell Di	L4 given va	lid input p	aramete
							ľ							

Baofeng BF-T1

Serial Number: 9100A40147

RF (TX) Specifications

Maximum Output Power	1W
Modulation Modes	16KφF3E 11KφF3E

Ofcom EMF Calculator Results

Band	Separation Distance (m)
VHF (145.5 MHz)	0.41
UHF (433.5 MHz)	0.39

VHF:

Calculation of the co	mpli	ance dista	nce a	s per re	terence le	vels in th	ie 1998	ICNIRP Guid	delines	tor gene	ral			
public exposure to E	MF f	rom 10 M	Hz to	300 GH	z (Version	0.1.2)								
Input parameters														
Transmitter power (EIRP)	=	1.64	Watts	← Enter E	IRP (Watts) in	cell D5. EIRF	(Watts) = E	RP (Watts) x 1.6	4					
Operating frequency	=	145.5	MHz	← Enter f	requency (Mi	lz) in cell D6.	Valid frequ	ency range is fr	om 10 MHz	to 300,000	MHz.			
Reference levels from ICNIR	P 1998	Guidelines												
Reactive near-field zone	=	0.33	m	Intermed	iate paramete	er used in cal	culation. Fo	r information or	nly					
Referencel level for power d	len =	2	W/m^2	Intermed	iate paramete	er used in cal	culation. Fo	r information or	nly					
											1			
Calculated result									4					
Separation distance R	=	0.41	m	→ The va	lue of R outsid	de the bound	lary of the r	eactive near-fie	ld zone wi	II be display	ed in cell [14 given va	lid input p	aramete

	•		per reference levels in the 1998 ICNIRP Guidelines for general 300 GHz (Version 0.1.2)
public exposure to Elvi	F IIOIII 10 IVI	Inz to s	SOU GHZ (VEISION 0.1.2)
Input parameters			
Transmitter power (EIRP)	= 1.64	4 Watts	← Enter EIRP (Watts) in cell D5. EIRP (Watts) = ERP (Watts) x 1.64
Operating frequency	= 433.5	5 MHz	← Enter frequency (MHz) in cell D6. Valid frequency range is from 10 MHz to 300,000 MHz.
	008 Guidelines		
Reference levels from ICNIRP 1	336 Guidelliles		
Reference levels from ICNIRP 1 Reactive near-field zone	= 0.11	1 m	Intermediate parameter used in calculation. For information only
	= 0.11		Intermediate parameter used in calculation. For information only Intermediate parameter used in calculation. For information only
Reactive near-field zone	= 0.11		·
Reactive near-field zone	= 0.11		·

Baofeng BF-X3Plus

Serial Number: 20BFS501177

RF (TX) Specifications

Maximum Output Power	5W
Modulation Modes	16KφF3E 11KφF3E

Ofcom EMF Calculator Results

Band	Separation Distance (m)
VHF (145.5 MHz)	0.91
UHF (433.5 MHz)	0.88

VHF:

Calculation of the co							e 1998	ICNIRP Gui	delines f	or gene	ral			
public exposure to E	MF f	rom 10 M	Hz to	300 GH	z (Version	0.1.2)	_							
Input parameters														
Transmitter power (EIRP)	=	8.2	Watts	← Enter E	IRP (Watts) in	cell D5. EIRF	(Watts) = E	RP (Watts) x 1.6	4					
Operating frequency	=	145.5	MHz	← Enter f	requency (MF	lz) in cell D6.	Valid frequ	ency range is fr	om 10 MHz	to 300,000 N	MHz.			
Reference levels from ICNIRI	1998	Guidelines												
Reactive near-field zone	=	0.33	m	Intermed	iate paramete	r used in cal	culation. Fo	r information o	nly					
Referencel level for power de	en=	2	W/m^2	Intermed	iate paramete	r used in cal	culation. Fo	r information o	nly					
Calculated result														
Separation distance R	=	0.91	m	→ The va	lue of R outsid	le the bound	lary of the r	eactive near-fie	ld zone wil	be display	ed in cell D	14 given va	alid input p	arameter

Calculation of the co	mplian	ce distance a	s per reference levels in the 1998 ICNIRP Guidelines for general
public exposure to E	MF from	n 10 MHz to	300 GHz (Version 0.1.2)
Input parameters			
Transmitter power (EIRP)	=	8.2 Watts	← Enter EIRP (Watts) in cell D5. EIRP (Watts) = ERP (Watts) x 1.64
Operating frequency	=	433.5 MHz	← Enter frequency (MHz) in cell D6. Valid frequency range is from 10 MHz to 300,000 MHz.
Reference levels from ICNIR	P 1998 Gui	delines	
Reactive near-field zone	=	0.11 m	Intermediate parameter used in calculation. For information only
Referencel level for power d	en:=	2.1675 W/m^2	Intermediate parameter used in calculation. For information only
	A = A		
Calculated result			
Separation distance R	7=	0.88 m	→ The value of R outside the boundary of the reactive near-field zone will be displayed in cell D14 given valid input paramete

Baofeng UV-3R

Serial Number: 3120612991

RF (TX) Specifications

Maximum Output Power	2W				
Modulation Modes	16KφF3E 11KφF3E				

Ofcom EMF Calculator Results

Band	Separation Distance (m)
VHF (145.5 MHz)	0.58
UHF (433.5 MHz)	0.56

VHF:

Calculation of the co	mpli	ance dista	nce a	s per reference levels in the 1998 ICNIRP Guidelines for general
public exposure to E	MF f	rom 10 M	Hz to	300 GHz (Version 0.1.2)
Input parameters				
Transmitter power (EIRP)	=	3.28	Watts	← Enter EIRP (Watts) in cell D5. EIRP (Watts) = ERP (Watts) x 1.64
Operating frequency	=	145.5	MHz	← Enter frequency (MHz) in cell D6. Valid frequency range is from 10 MHz to 300,000 MHz.
Reference levels from ICNIR	P 1998	Guidelines		
Reactive near-field zone	=	0.33	m	Intermediate parameter used in calculation. For information only
Referencel level for power d	len =	2	W/m^2	Intermediate parameter used in calculation. For information only
Calculated result				
Separation distance R	=	0.58	m	→ The value of R outside the boundary of the reactive near-field zone will be displayed in cell D14 given valid input paramete

			s per reference levels in the 1998 ICNIRP Guidelines for general 300 GHz (Version 0.1.2)
public exposure to E	IVIF IIOI	II 10 WIHZ to	300 GHZ (Version 0.1.2)
Input parameters			
Transmitter power (EIRP)	=	3.28 Watts	← Enter EIRP (Watts) in cell D5. EIRP (Watts) = ERP (Watts) x 1.64
Operating frequency	=	433.5 MHz	← Enter frequency (MHz) in cell D6. Valid frequency range is from 10 MHz to 300,000 MHz.
Reference levels from ICNIR	P 1998 Guid	delines	
Reactive near-field zone	=	0.11 m	Intermediate parameter used in calculation. For information only
Referencel level for power d	en =	2.1675 W/m^2	Intermediate parameter used in calculation. For information only
Calculated result			
Separation distance R	7=	0.56 m	→ The value of R outside the boundary of the reactive near-field zone will be displayed in cell D14 given valid input paramet

Base Station Transmitters Retevis RT95 Awaiting Receipt of Radio



Controls to manage EMF emissions

In order to manage the EMF emissions from members of the public, the following hierarchy of controls will be followed:

- Where practicable, move to a location where the separation distance can be maintained between the transmitter and members of the public. For example, with a Handheld walk to an area separation distance away from the nearest member of public. For example, with a Mobile vehicular mounted radio, move the vehicle to separation distance between the antenna and the nearest member of the public.
- Where practicable, reduce transmission time. For example, avoid transmitting longer than 2 minutes in any 5-minute window.
- Where reasonably practicable, reduce the transmitter power and/or change band.
- If a separation distance cannot be maintained, signage shall be used to inform members of the public that RF equipment is in use within the identified area (radial from transmitter outwards to separation distance), and that members of the public should avoid "loitering" within the identified area. If the separation distance is infringed by more than 50%, transmission of RF shall stop immediately.
- If a separation distance cannot be maintained and no signage is available, no transmission shall be made.

If any enquires are made by members of the public relating to EMF emissions resulting from RF operations, they will be given details for the EMF page on the station website where additional information will be given. This will also include links to Ofcom's EMF pages and a copy of this document.

If you have any comments regarding information contained within this document, please contact the station via email at emf@m7cbr.ml

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